

# Selected Sayings of Wisdom of SOW Campaign 2022/23

Campaign on "Promoting Positive Values and Attitudes through English Sayings of Wisdom" 2022/23



## Leading a Positive Life

### Empathy

"Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another."  
-Alfred Adler-

"We rise by lifting others."  
-Robert G. Ingersoll-

"Kindness is a gift that everyone can afford to give."

### Diligence

"Diligence is the mother of good luck."  
-Benjamin Franklin-

"Great works are performed not by strength but by perseverance."  
-Samuel Johnson-

"No pain, no gain."

### Respect for Diversity

"Respect for ourselves guides our morals; respect for others guides our manners."  
-Laurence Sterne-

"The essence of beauty is unity in variety."  
-Felix Mendelssohn-

"It takes all sorts to make a world."

### Cherishing Life

"Nothing in life is to be feared, it is only to be understood."  
-Marie Curie-

"A bend in the road is not the end of the road."  
-Helen Keller-

"Every man is the architect of his own fortune."

# AWARD PRESENTATION CEREMONY

Date: 7 October 2023 (Sat)

Time: 2:30 - 4:30 p.m.

Venue: Lecture Theatre  
EDB Kowloon Tong Education Services Centre



**Education Bureau**  
The Government of the Hong Kong Special Administrative Region  
of the People's Republic of China

English Language Education Section  
Curriculum Development Institute

Native-speaking English Teacher Section  
Curriculum Support Division

# VOTE OF THANKS

## Adjudicators of Story to Stage Puppetry Competition 2022/23

<b>Dr Paul CAMPBELL</b>	Research Assistant Professor, Department of Education Policy and Leadership, The Education University of Hong Kong
<b>Ms Nicola SUGDEN</b>	Head Teacher (Curriculum), Primary Section, Kiangsu-Chekiang College, International Section
<b>Ms Yasmin JAMAL</b>	Former Lead Teacher Head of Year, ESF Sha Tin Junior School
<b>Mr Luke COAST</b>	Teacher, ESF Sha Tin Junior School
<b>Mr Robert HYDE</b>	Teacher, ESF Sha Tin Junior School
<b>Ms Michelle YEUNG</b>	Teacher, ESF Sha Tin Junior School
<b>Mr Daniel LEVIA</b>	Native-speaking English Teacher, Marymount Primary School
<b>Ms Sonja WELNER</b>	Teacher, St Joseph's Catholic School, New Zealand

## Adjudicators of SOW Motivational Talk Contest

### Primary Divisions

<b>Dr CHU Yuk-wo Edward</b>	Assistant Professor, School of Education and Languages, Hong Kong Metropolitan University Member, CDC Committee on English Language Education (2021-2023)
<b>Ms POON Ka-suen Victoria</b>	Principal, W F Joseph Lee Primary School Member, CDC Committee on English Language Education (2021-2023)
<b>Ms LEUNG Wing-sze Christine</b>	Senior Curriculum Development Officer, English Language Education Section, Curriculum Development Institute, EDB

### Secondary Divisions

<b>Dr Timothy William TAYLOR</b>	Associate Head and Senior Lecturer, Department of English Language Education, The Education University of Hong Kong Chairperson, CDC-HKEAA Committee on English Language (2021-2023)
<b>Mr CHOI Hong-nin Richard</b>	Principal, Assembly of God Hebron Secondary School Chairperson, CDC Committee on English Language Education (2021-2023)
<b>Ms YEUNG Li-wa Jenny</b>	Senior Curriculum Development Officer, English Language Education Section, Curriculum Development Institute, EDB

## Adjudicators of Time to Talk Public Speaking Competition 2022/23

<b>Ms Carrie CHENG</b>	Head of Academic Programmes (Full-time), School of Continuing and Professional Studies, The Chinese University of Hong Kong
<b>Dr Benedict ROWLETT</b>	Assistant Professor, Department of English Language and Literature, Hong Kong Baptist University
<b>Mr Noble LO</b>	Lecturer, Division of Languages and Communication, The Hong Kong Polytechnic University
<b>Mr Richard COWLER</b>	Former Regional NET Coordinator, NET Section, Curriculum Support Division, EDB
<b>Mr Hugh BEAMES</b>	Advisory Teacher, NET Section, Curriculum Support Division, EDB

## Adjudicators of Poetry Remake Competition 2022/23

<b>Prof Stuart CHRISTIE</b>	Executive Associate Dean; Professor, Office of the Dean of Arts and Department of English Language and Literature, Hong Kong Baptist University
<b>Prof Eddie TAY</b>	Associate Professor, Department of English, The Chinese University of Hong Kong
<b>Prof Collier NOGUES</b>	Assistant Professor, Department of English, The Chinese University of Hong Kong

## Adjudicators of Filmit 2023: A Student Film Competition

<b>Ms Laurence VANDEWALLE</b>	Former Deputy Head of Office, European Union Office to Hong Kong and Macao
<b>Ms CHAN Pui-ka</b>	Former Press and Information Officer, European Union Office to Hong Kong and Macao
<b>Ms Stacey WILKINS</b>	President, The International Council of Teachers of English
<b>Mr Albert TSANG</b>	Project Manager (Social), Jockey Club Design Institute for Social Innovation, The Hong Kong Polytechnic University
<b>Mr Evan HAYASHI HO Tin-yip</b>	Student Leader, Commercial Production Group, Chinese International School
<b>Ms Olivia Ruiyan ZHENG</b>	Student Leader, Commercial Production Group, Chinese International School
<b>Ms Evelyn KWAN</b>	Former Student Leader, Commercial Production Group, Chinese International School
<b>Ms Alicia TANG</b>	Former Student Leader, Commercial Production Group, Chinese International School
<b>Mr Scott LINDER</b>	NET, Jockey Club Ti-I College
<b>Mr Wattie CHAN</b>	NET, Islamic Kasim Tuet Memorial College
<b>Mr Adrian TILLEY</b>	Former NET and ESF English teacher

# STORY TO STAGE PUPPETRY COMPETITION 2022/23

A puppetry competition for upper primary students to work in teams to apply a wide range of puppetry and language skills in their performance with professional support for teachers of participating schools

## Award for Outstanding Presentation of the Theme of Positivity

### Buddhist Chi King Primary School

CHEN Zhi-xuan Alysa   CHEUNG Ho   LEE Cheuk-lok  
WONG Tsun-him   YEUNG Yat-nam

### Canossa Primary School (San Po Kong)

CHEUNG Tsz-lam   CHIU Tak-hei   FOK Kylie  
LAW Cheuk-kwan Jeff   YEUNG Gemma

### Kowloon Tong Bishop Walsh Catholic School

CHANG Zweiss   CHEUNG Wing-yin   HO Yi-lok Ocean   LIAO Yat-chun   TSOI Kwan-yi

### Kowloon Women's Welfare Club Li Ping Memorial School

AU Jun-yin   LAI Sing-yu   LEUNG Chun-hon   TANG Hin-yu Silas   WAN Tsz-hin

### Lui Cheung Kwong Lutheran Primary School

CHEUNG Tsz-yu   KWOK Tsz-ting   LAI Chun-ho   LAU Chung-in   LO Man-ki

### Po Yan Oblate Primary School

Chan Sze-wing   HON Lok-yi   HUANG Sophia   LAU Hoi-lok   WONG Yee-ho

### Sha Tin Wai Dr. Catherine F. Woo Memorial School

CHEUNG Hiu-ching   HUI Sin-tung   KWAN Man-chin   SIU Ho-ming   YEUNG Tsz-lok

### S.K.H. Ka Fuk Wing Chun Primary School

CHEUNG Tsz-ying Kelly   LEUNG Nga-man Almond   LIU Tsz-ying Avery  
MAN Yi-ching Audrey   WONG Man-shan Ella

### S.K.H. St. Peter's Primary School

LAM Chun-ting Jaytin   LEE Chee-yin Chloe   LING Yin-pok Alvin  
TAO Hei-nam Hailey   TSE Pak-yiu Arthur

### Stewards Pooi Kei Primary School

CHAN Tsz-yan   CHENG Yi-ka Emma   KUNG Wing-yan  
ROUGET Jaime Zhan Ming   YUNG Isaac

### TWGHs Hong Kong and Kowloon Electrical Appliances Merchants Association Limited School

CHAU Chun-wa Henson   CHEUNG Hei-yu Hedy   LAI Tsz-hei Daniel  
LEE Chin-wing Chloe   WU Cheuk-long Angus



# SOW MOTIVATIONAL TALK CONTEST

A public speaking contest for students to create a short video to share their reading or viewing experience by connecting their reflections on a text of their own choice with a SOW that echoes the theme and/or the sub-themes of the SOW Campaign 2022/23

## Outstanding Award

### Lower Primary Division

<b>WONG Yik-chee</b>	Maryknoll Convent School (Primary Section)
<b>KWOK Sofie</b>	St. Paul's Co-educational College Primary School
<b>WONG Man-bok Hadriel</b>	St. Paul's Co-educational College Primary School

### Upper Primary Division

<b>LEUNG Hoi-ching</b>	Po Leung Kuk Camões Tan Siu Lin Primary School
<b>YEE YWAE Chan Myaee Kyi</b>	Sir Ellis Kadoorie (S) Primary School
<b>HO Sum-yi Claire</b>	St. Bonaventure Catholic Primary School

### Junior Secondary Division

<b>LEUNG Sum-yuet</b>	Carmel Divine Grace Foundation Secondary School
<b>YUEN Hayley</b>	Diocesan Girls' School
<b>SJAFII Eugenia Amabelle</b>	St. Margaret's Co-educational English Secondary and Primary School

### Senior Secondary Division

<b>MAGUIGAD Joshua Paul Lucing</b>	Buddhist Wong Fung Ling College
<b>WONG Joyce Sin-sze</b>	St. Paul's Co-educational College
<b>JIANG Ruyi Lucy</b>	St. Paul's Convent School

## Commendable Award

### Lower Primary Division

<b>WONG To Ellie</b>	Sacred Heart Canossian School
<b>YE Ivy Wu</b>	Sacred Heart Canossian School
<b>HUI Sum-lok</b>	Shak Chung Shan Memorial Catholic Primary School
<b>WANG Hoi-ying</b>	Shak Chung Shan Memorial Catholic Primary School
<b>LO Chun-hei Brandon</b>	St. Joseph's Primary School
<b>SHIH Ching-yau Quentin</b>	St. Joseph's Primary School
<b>HONG Ji-yin Cayden</b>	St. Paul's Co-educational College Primary School
<b>YIP Hing-lui Chloe</b>	St. Paul's Co-educational College Primary School
<b>YIU Tin-lam</b>	St. Paul's Co-educational College Primary School
<b>LIN Harvie</b>	Wai Chow Public School (Sheung Shui)

### Upper Primary Division

<b>KARIYAWASAM PATHIRAGE Nathan</b>	AD & FD POHL Mrs Cheng Yam On School
<b>TIN Muk-shan Katherine</b>	Hennessy Road Government Primary School
<b>CHUI Arissa Jade</b>	Maryknoll Convent School (Primary Section)
<b>CHAN Hoi-tung</b>	Sha Tin Wai Dr. Catherine F. Woo Memorial School
<b>GUERZO Ivan Asher Pascual</b>	Sir Ellis Kadoorie (S) Primary School
<b>SAN JUAN Anichka Elize Socias</b>	Sir Ellis Kadoorie (S) Primary School
<b>Arthur Nurvie Eugene WILSON</b>	Sir Ellis Kadoorie (S) Primary School
<b>CHAN Him Jonah</b>	St. Joseph's Primary School
<b>LAI Tiffany</b>	St. Mary's Canossian School
<b>KWAN Lok-tin</b>	St. Paul's Co-educational College Primary School



SOW to help you GROW!

# SOW MOTIVATIONAL TALK CONTEST

## Commendable Award

### Junior Secondary Division

SAEED Esha	Delia Memorial School (Hip Wo)
CHING Helen	Diocesan Girls' School
CHAN Cheuk-yin	St. Joseph's College
Justin LAU	St. Joseph's College
TING Wei	St. Margaret's Co-educational English Secondary and Primary School
CHAN Hiu-lam	St. Paul's Co-educational College
CHUNG Pui-in Noelle	St. Paul's Co-educational College
MA Tuen-hang Luann	St. Paul's Co-educational College
LEUNG Sze-chai Athena	St. Paul's Convent School
YUNG Ho-chun	Wah Yan College, Hong Kong

### Senior Secondary Division

CABRERA Alexandra	CCC Kei Heep Secondary School
LI Siai Ivan	Kau Yan College
XU Suet-yu	Kowloon Technical School
HEE Chi-him David	Sing Yin Secondary School
FUNG Lap-yin	Sing Yin Secondary School
LAU Yan-ki	SKH Bishop Mok Sau Tseng Secondary School
WONG Ying-ching	SKH Tsang Shiu Tim Secondary School
YU Pui-ka	SKH Tsang Shiu Tim Secondary School
LAW Sze-lai	St. Joseph's College
KWAN Tsz-ching Heidi	St. Paul's Convent School



SOW Motivational  
Talk Contest Web Page

# Time to Talk Public Speaking Competition 2022/23

A public speaking competition for students to hone their presentation skills and develop research, collaboration and IT skills

## First Prize

### Primary Division

#### S.K.H. Yan Laap Memorial Primary School

LAU Lyann LAU Ming-yan TO Amelia Yi-wun

### Secondary Division

#### Wah Yan College, Kowloon

HUI Yi-kin Kenneth IP Shing-hei Nathan  
WONG Hon-lam YANG Ho-hin



Time to Talk Public Speaking  
Competition Web Page

# POETRY REMAKE COMPETITION 2022/23

A cross-curricular activity for students to connect poetry appreciation and art creation through creating artwork on one of the selected English poems by Hong Kong-based poets

## Outstanding Award

### Junior Secondary Division

<b>LEUNG Tsz-ching</b>	Buddhist Sin Tak College
<b>KO Tsz-ching Angelina</b>	Po On Commercial Association Wong Siu Ching Secondary School
<b>LEE Ka-ching</b>	Po On Commercial Association Wong Siu Ching Secondary School
<b>QIN Sheung</b>	Sha Tin Government Secondary School
<b>TANG Ka-yi</b>	St. Mary's Canossian College
<b>CHOI Patrice Juliana Nunez</b>	St. Stephen's Girls' College
<b>LIN Yu</b>	St. Stephen's Girls' College
<b>MOW Hang-ting</b>	St. Stephen's Girls' College
<b>NG Pa-yu Truda</b>	Tak Oi Secondary School
<b>KWAN Sze-hang</b>	Ying Wa College

### Senior Secondary Division

<b>MOK Ming-hei</b>	Buddhist Wong Wan Tin College
<b>CHOW Man-yu</b>	Fukien Secondary School
<b>WONG Hei-ting</b>	HKMA David Li Kwok Po College
<b>CHAN Chin-ching</b>	Maryknoll Convent School (Secondary Section)
<b>TSE Hau-yin</b>	Maryknoll Convent School (Secondary Section)
<b>KWAN Man-ching</b>	Sha Tin Government Secondary School
<b>LEUNG Cheuk-lam</b>	S.K.H. Tsui Kung Po Secondary School
<b>DELA CRUZ Rhen Tyler C.</b>	St. Joseph's College
<b>LAU Chin-tung</b>	WEO Chang Pui Chung Memorial School
<b>NG Tsz-hei Chester</b>	Ying Wa College

## Commendable Award

### Junior Secondary Division

<b>SAMPAGA Cineya Jee Valdez</b>	Delia Memorial School (Hip Wo)
<b>CHAN Tsz-nam</b>	Diocesan Girls' School
<b>LEE Hoi-ki</b>	Diocesan Girls' School
<b>LI Isalin</b>	Fukien Secondary School
<b>LI Xuwen</b>	Fukien Secondary School
<b>CHOI Cheuk-yung</b>	Maryknoll Convent School (Secondary Section)
<b>WONG Tsz-yu Iris</b>	Maryknoll Convent School (Secondary Section)
<b>WAI Tsz-ching</b>	Ng Yuk Secondary School
<b>HO Ching-kiu</b>	Po On Commercial Association Wong Siu Ching Secondary School
<b>LI Ching-yau</b>	Po On Commercial Association Wong Siu Ching Secondary School
<b>CHAN Wai-man</b>	Pooi To Middle School
<b>AU Antonia</b>	Rhenish Church Pang Hok Ko Memorial College
<b>KWOK Ho-yeung</b>	Rhenish Church Pang Hok Ko Memorial College
<b>KWAN Hei-yu</b>	Sacred Heart Canossian College
<b>MO SEN Yik-fan King</b>	Salesians of Don Bosco Ng Siu Mui Secondary School
<b>CHENG Wincy</b>	Sha Tin Government Secondary School
<b>HO Ka-kit</b>	Sha Tin Government Secondary School
<b>LAW Yu-ching</b>	St. Margaret's Co-educational English Secondary and Primary School
<b>CHANG Man-hei</b>	St. Mary's Canossian College
<b>TANG Yik-yan</b>	St. Paul's Co-educational College
<b>LEE Pui-ki Jinny</b>	St. Paul's Convent School
<b>ZHENG Zhiyu</b>	St. Stephen's Church Collage
<b>TING Tsz-ching Agnes</b>	St. Stephen's College
<b>CHOW Ka-wai</b>	St. Stephen's Girls' College
<b>KU Ming-yi</b>	St. Stephen's Girls' College

## Commendable Award

### Senior Secondary Division

CAO Shuk-yan	Buddhist Wong Wan Tin College
CHAN Yuet-yi	Carmel Divine Grace Foundation Secondary School
WU Ching-ting	Carmel Divine Grace Foundation Secondary School
LIU Yi-fan	Fukien Secondary School
LI Siu-yeung	HKFYG Lee Shau Kee College
CHAN Yat-tim	Man Kwan Pak Kau College
YU Nga-man Amy	Man Kwan Pak Kau College
CHAN Yan-mei	Po On Commercial Association Wong Siu Ching Secondary School
LEONG Tsz-chung Michelle	Rhenish Church Pang Hok Ko Memorial College
LAM Hoi-wan	Shung Tak Catholic English College
TSE Tin-hang	S.K.H. Tsui Kung Po Secondary School
LAI Cheek-lun Derrick	St. Joseph's College
WONG Hok-yin Eugene	St. Joseph's College
CHAU Yan-kiu Isabella	St. Mary's Canossian College
CHAN Ho-yau Yoyo	St. Paul's Convent School



Poetry Remake  
Competition Web Page



## FILMIT 2023 : A STUDENT FILM COMPETITION

A digital filmmaking competition to encourage students to use English creatively through multimodal technology and appreciation of English on the theme "Ode to Life: A World of Possibility"

### Best Overall Film (Primary Division)

"The Lemon Tart"  
Free Methodist Bradbury Chun Lei Primary School

DING Eva  
LAM Carol  
LAU Mia  
LEE Alex  
LEUNG Rapunzel

MAU Miji  
NG Tammy  
SUNG Bertram  
TANG Vanessa  
WONG Hailey

### Best Documentary Film (Secondary Division)

"The Possibility Equation"  
Tak Oi Secondary School

CHAN Pik-yin  
CHUNG Chi-yan  
HUNG Ching-yan

TAM Wing-yan  
TSE Hoi-tung  
WONG Cheuk-kiu

### Best One-minute Film (Secondary Division)

"Never Say Never"  
Salesians of Don Bosco Ng Siu Mui Secondary School

HO Sik-yin Alexander  
Hu Tsz-lik  
MO SEN Yik-fan King  
SUNG Ka-kit

VIAN Khatani Damien  
WONG Ka-kin  
YU Tsz-hang Gordon



Filmit Web Page





# WEEK OF POSITIVITY

A school-based English week featuring a variety of English learning activities to integrate values education into the English Language curriculum

## Commendable Award

### Primary Division

Christian Alliance H.C. Chan Primary School  
Hoi Pa Street Government Primary School  
St. Mary's Canossian School

### Secondary Division

Fanling Government Secondary School  
St. Paul's Convent School  
St. Stephen's Church College



Week of Positivity  
Web Page

## Themes and Sub-themes

Overarching theme:

In Love We Share,  
In Love We Grow

Sub-themes:

Love Our Country  
Love the Community  
Love Our Family & Friends  
Love Myself  
Love Learning  
Love Nature

## Sayings of Wisdom

Proverbs and inspirational quotes

# SOW CAMPAIGN 2023/24

## Competitions

**Time to Talk Public Speaking  
Competition 2023/24**

[Nov 2023 - May 2024]

**"We Write - We Sing"  
Music Competition**

[Oct 2023 - Jul 2024]

**"SOW in Love"  
Letter Writing Competition**

[Nov 2023 - Mar 2024]

**Poetry Remake  
Competition 2023/24**

[Oct 2023 - Mar 2024]

**Filmit 2024: A Student Film  
Competition**

[Nov 2023 - May 2024]

**Story to Stage Puppetry  
Competition 2023/24**

[Nov 2023 - Jun 2024]

## Learning and Teaching Resources

Animation on positive values and attitudes  
Learning resources for Week of Love and Growth  
SOW Posters  
SOW Ambassadors Passports

## School Activities

**Week of Love and Growth** [Feb - Jul 2024]

**Experience sharing sessions** on promoting values education in the school English Language curriculum

**Talk** by an inspirational figure